

MUNNEW MESSENGER

Wow here we are in Autumn again, surrounded by the beautiful & colourful changing leaves, it is very much the prettiest season of them all.

We continue to welcome new friends to our club and hope they are enjoying the time they spend with us and are making new friends in the process.

As usual we have had a couple of actioned packed months with many events to be enjoyed, one of these being our Date Night – Fine Dinning Evening, which we held back in March definitely a great night and something we plan to repeat.

We have also been taking advantage of the lovely weather and been out and about in our Trishaws along Victoria Parade.

TAMMY & MUNNEW STAFF



THURSDAY'S MEN'S GROUP

Our group of men on a Thursday have made some requests for outings and we have been happy to organize this for them.

Distinctive Timbers in Devonport gave our group a tour of their workshop where the smell of the timber was wonderful. They also donated a box of mixed natural timbers and some timber shavings which we are planning some craft activities with.



Morning Tea in the Goliath car park, this was requested by Rod Butler as there are a few of our men who used to work there in the past. Sitting and reminiscing about their time working for this company.



We were also lucky enough to have been invited by Charmaine at the Devonport City Council to have a tour of the Paranapple Centre. We started with coffee at the Hudsons café, this was followed by a tour of the three floors of the centre and the view from the top was a bit spectacular, we are so lucky to have a facility of this standard in Devonport.



We are also having a regular monthly visit to the Devonport Library, on our first trip a couple of our club members also chose to visit the Devonport Art Gallery and from this we have organized with Brian Bannon's neice Denise who works at the gallery to visit with her for some extra special art projects.



FINE DINING EVENING

Back in March we held our first fine dining evening with the theme being “Date Night”. This was a great success and our staff put in a lot of effort to make this a special evening and from the feedback we received we have achieved exactly what we wanted from this evening for our married couples.





COOKING IN MUNNEW

Our club members have been busy with a few more cooking activities over the last few months, we have been making desserts, pickles and some nice cakes and biscuits.







BIRTHDAY CELEBRATIONS

Congratulations to our birthday guys and girls over the last couple of months.





Also: Leigh Mahoney

Joan Law

Alex Young

Ella Smith

Alan Tyson

EASTER LUCKY SQUARE WINNER

The winner of our Easter prize this year was Mr Peter Lyons



MUNNEW MASTER CHEFS

Our recipe comes from our friends at the Connect Café it made such a big impression on our club members we just had to get the recipe.



SUITLANA'S FRUIT SLICE

1 cup SR flour
1 cup rolled oats
1 cup shredded coconut
1 cup mixed fruit
 $\frac{3}{4}$ cup raw sugar
125g melted butter
1 extra large egg, lightly beaten
 $\frac{1}{4}$ cup mixed seeds (sesame, poppy & sunflower)

1. Preheat oven to 160 (140 fan forced). Grease and line a 26cm x 18cm slice tray.
2. Combine all ingredients in a large mixing bowl. Mix until well combined.
3. Press mixture into the slice tray and bake for 25-30 mins or until golden brown. Allow to cool before removing from the tray.
4. Can use cranberries and a few currants instead of mixed fruit if desired.



DON TRAIN EXCURSION

We had a great day when we went down to go for a tour of the Don Train Station and then took a little ride on the train.



TRISHAW BIKE LAUNCH

We also launched our second Trishaw bike, which was made possible by the lovely ladies and gentlemen of the Motton Forgetmenots who produced an amazing calendar with the proceeds coming to Munnew. Our local politician Roger Jentz made up what was needed to purchase the bike so now we have 2 bikes to enjoy, thanks to such generosity from members of the communities we live in.



FACE BAR

For Mothers Day we decided to treat our Wednesday ladies to a pamper morning with Elani from Face Bar. After facials and hand massages with some wonderful smelling products we were all feeling pretty good.





Club members enjoyed our annual outing to Steamfest in Sheffield



Club members and Family Day Care children having lots of fun with Alex with music and games.



We have been having some exciting fun with the crew from Arts health Agency, monthly visits always something different for us to take part in and enjoy.



Music sessions with Social Tonic
great fun

LOST PROPERTY

A reminder to please make sure you have your jackets, jumpers named if left at Munnew we can return these items promptly if we know whom they belong to.

FUN TIMES AT MUNNEW









CHANGES TO AGED CARE

As from 30th of June this year there have been changes made to the Standards we are required to meet as set by the Commonwealth Government, I will be sending everyone copies of the changes over the next month so you are kept informed of what the new Standards are.

Tammy Bromfield
Team Leader